



# Local Area Coordination Network Directory

## Local Area Coordination relies on 10 Key Principles including Community, Contribution and Working Together.

This directory has been designed as a tool to enable our Network members to connect beyond the geographical areas they work in, share skills, strengths and experiences.

[Set up a profile!](#)



# Our Areas

Click on an area to  
meet the team

[Set up a profile](#)



[Derby City](#)

[Kirklees](#)

[Haringey](#)

[Havering](#)

[Leicestershire](#)

[Swansea](#)

[Thurrock](#)

[Wiltshire](#)

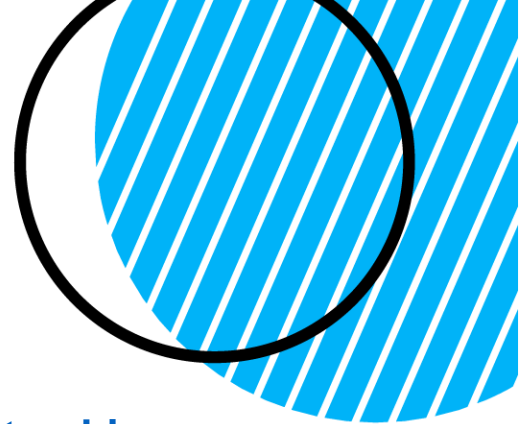
[City of York](#)

Coming soon:

Surrey

Nottinghamshire

Luton



# Derby

## Neil Woodhead

07341 739559 / [neil.woodhead@derby.gov.uk](mailto:neil.woodhead@derby.gov.uk)

### Tell us something about Local Area Coordination in Derby

*We've been around for a while*

### What are your interests / hobbies / skills?

*Being outside and talking*

### What animal would you be and why?

*A bear. I think I share a similar outlook on life.*

### What is your favourite pizza topping?

*Cheese!*

### What would you like to offer to your fellow Network members?

*Time to learn together.*

### What help would you like to receive from other Network members?

*The same as above*



local area  
coordination  
network

# Derby

## Mark Jensen

01332256951 / [mark.jensen@derby.gov.uk](mailto:mark.jensen@derby.gov.uk)

### Tell us something about your area.

*Community members are excited to move out of lockdown and engage in the community.*

### What are your interests / hobbies / skills?

*Reading, gym, walking, films, socializing*

### What animal would you be and why?

*A Cat, lots of sleep and food*

### What is your favourite pizza topping?

*Anchovies, they go with anything on a pizza*

### What would you like to offer to your fellow Network members?

*Meeting up once lockdown ends, share advice and experience.*

### What help would you like to receive from other Network members?

*See above*



local area  
coordination  
network

# Derby

## Sarah Edmundson

07812 300759

[sarah.edmundson@derby.gov.uk](mailto:sarah.edmundson@derby.gov.uk)

## Kim Harris

07766 602570

[kim.harris@derby.gov.uk](mailto:kim.harris@derby.gov.uk)

## Kelly Pockett

07766 602569

[kelly.pockett@derby.gov.uk](mailto:kelly.pockett@derby.gov.uk)

## Simran Sandhu

07812 301046

[simran.sandhu@derby.gov.uk](mailto:simran.sandhu@derby.gov.uk)

## Rajeev Nath

07812 301045

[rajeev.nath@derby.gov.uk](mailto:rajeev.nath@derby.gov.uk)

## Daniel Giles

07342 078202

[daniel.giles@derby.gov.uk](mailto:daniel.giles@derby.gov.uk)

## Kathryn Humpston

07812 301685

[kathryn.humpston@derby.gov.uk](mailto:kathryn.humpston@derby.gov.uk)

## Donna Brady

07812 300126

[donna.brady@derby.gov.uk](mailto:donna.brady@derby.gov.uk)

## Marissa Jefford

07766 602619

[marissa.jefford@derby.gov.uk](mailto:marissa.jefford@derby.gov.uk)

## Daren Palmer

07812 300764

[daren.palmer@derby.gov.uk](mailto:daren.palmer@derby.gov.uk)

## Roger Teague

07812 300755

[roger.teague@derby.gov.uk](mailto:roger.teague@derby.gov.uk)

## Cheryl Ward

07766 602565

[cheryl.ward@derby.gov.uk](mailto:cheryl.ward@derby.gov.uk)

## Nadine Thomas

07385 401068

[nadine.thomas@derby.gov.uk](mailto:nadine.thomas@derby.gov.uk)

## Bec Haynes

07812 300750

[rebecca.haynes@derby.gov.uk](mailto:rebecca.haynes@derby.gov.uk)

## Kirsty Bentham

07812 300158

[kirsty.bentham@derby.gov.uk](mailto:kirsty.bentham@derby.gov.uk)

## Dave Oliffe

07812 300106

[david.oliffe@derby.gov.uk](mailto:david.oliffe@derby.gov.uk)



local area  
coordination  
network

# Haringey

## Andrea Wershof

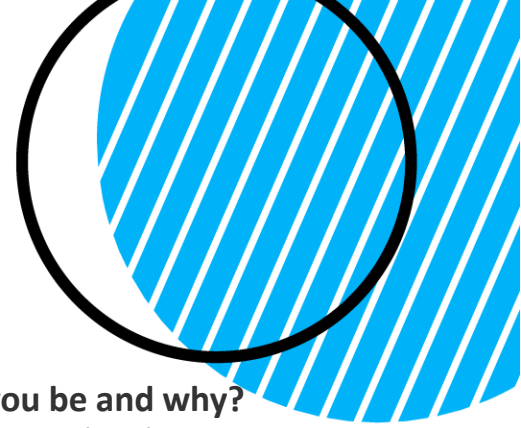
07966 149813 / [andrea.wershof@haringey.gov.uk](mailto:andrea.wershof@haringey.gov.uk)

### Tell us something about your area.

*Haringey is one of the most diverse boroughs in the country in terms of ethnicity, age and economic status. The health impacts of poverty are very stark - if you live in the poorer East of the borough you're statistically likely to live 10 years less than if you live in the more affluent West - a geographic distance of around 5 miles. My "patch" is Hornsey & Crouch End - relatively affluent residential areas with pockets of deprivation. Within Haringey, Hornsey has the highest number of single person households over the age of 70, and GPs in Hornsey write the highest number of prescriptions for anti-depressants. This might not seem "great" but it's a fantastic opportunity for doing things differently!*

### What are your interests / hobbies / skills?

*My background is as a psychotherapist, and I specialised in the area of bereavement support for over 20 years. I'm interested in helping people to be more confident and to achieve their goals, whether it's residents or colleagues. My particular passion is promoting principles-based working to a much wider audience, and I really enjoy talking about this work. My main hobbies are walking my wonderful dog, and crochet (not at the same time!) and I run a crochet group here in Haringey. I'm a huge fan of contemporary art - appreciating it, not making it - and regularly attend courses on modern art history.*



### What animal would you be and why?

*My dog! She has such a happy, worry-free life.*

### What is your favourite pizza topping?

*I don't really like pizza! Yes, I know that's weird....*

### What would you like to offer to your fellow Network members?

*Crochet lessons. Opportunities to talk about our values and what they really look and feel like in practice.*

### What help would you like to receive from other Network members?

*The chance to discuss what makes local area coordination such a great approach.*



# Haringey

## Keesha Sinclair

07966152491 / [keesha.sinclair@haringey.gov.uk](mailto:keesha.sinclair@haringey.gov.uk)

### Tell us something about your area.

*Tottenham is a richly diverse area situated in the East of the Borough, It's also home to the famous Bernie Grant Arts Center. The Area has a thriving arts and culture scene.*

### What are your interests / hobbies / skills?

*I enjoy reading and love art and martial arts films. I have an interest in technology especially augmented reality and sensory rooms. In the past I have designed a Happiness Toolkit via a sensory learning programme, to increase wellbeing in adults with Learning Disabilities and Adults with ASC. I also love small crafts and make jewelry.*

### What animal would you be and why?

*Elephant, Good memory, sure footed, kind, sociable.*

### What is your favourite pizza topping?

*Chili peppers. Spice makes things interesting*

### What help would you like to receive from other Network members?

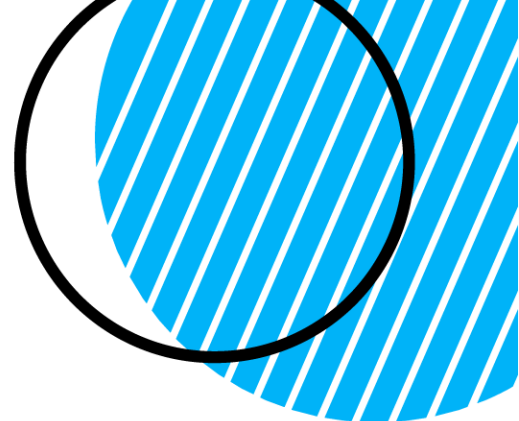
*incites around project building experiences and raising funds/ grants to finance independent projects.*



### What would you like to offer to your fellow Network members?

*I have a very good ear and think I have pretty good mentoring abilities. I also have a menopause and peri menopause support and awareness training currently running. This training is open to everyone, 18 years up. The training runs for 2 hours every Tuesday over 5 weeks and at the end of the training the participant can graduate as a menopause champion. The purpose of the menopause champion is to share their learning and signpost people they come across back into training so that we create a cycle of learning and sharing through peer support. I can create bespoke training sessions and this training is not gender specific. I can run men only sessions, as the menopause affects the majority of people. Training is led by professionals - I would welcome other LAC's who wish to sign up!*

local area  
coordination  
network





# Haringey

## David Verschoor

07811808504 / [david.verschoor@haringey.gov.uk](mailto:david.verschoor@haringey.gov.uk)

### Tell us something about your area.

*I have Alexandra Palace, The Peoples Palace, in my patch and it's where my profile pic was taken. <https://www.alexandrapalace.com/>*

### What are your interests / hobbies / skills?

*I'm very interested in spreadsheets and statistics, I'm a pretty good cook and have become a bit, only a bit, of an expert in food poverty within Haringey.*

### What animal would you be and why?

*A shark...*

### What is your favourite pizza topping?

*As long as it has anchovies on it, it's good!*



# Haringey

## Alice Hawken

07779555193 / [alice.hawken@haringey.gov.uk](mailto:alice.hawken@haringey.gov.uk)

### Tell us something about your area.

*It is home to Alexandra Palace the birthplace of BBC broadcasting TV. My Patch is also home to the 4 ancient woodlands which can be found in Haringey covering approximately 127 acres (not expected for an inner London borough).*

### What are your interests / hobbies / skills?

*My hobbies and skills include sewing, baking, reading, hiking/exploring, watercolour painting, gardening. I love making things for other people. I'm a trained facilitator with a teaching adults qualification. I collect acrylic jewelry and have an extensive collection from Tatty Devine.*

### What animal would you be and why?

*I would be a greyhound - they are gentle, company seeking animals who love a hug, they love to sleep (as do I) and mostly because they are tall for a dog - I always wanted to be tall (I'm 5'3").*

### What is your favourite pizza topping?

*Burrata, mushroom and parma ham - I can't give an explanation it just is!*

### What would you like to offer to your fellow Network members?

*I will always try my best to share best practice and be a friendly ear for colleagues.*

### What help would you like to receive from other Network members?

*I still feel I am relatively new to being an LAC so would like to learn from other more experienced network members.*



**Haringey** Set up a profile

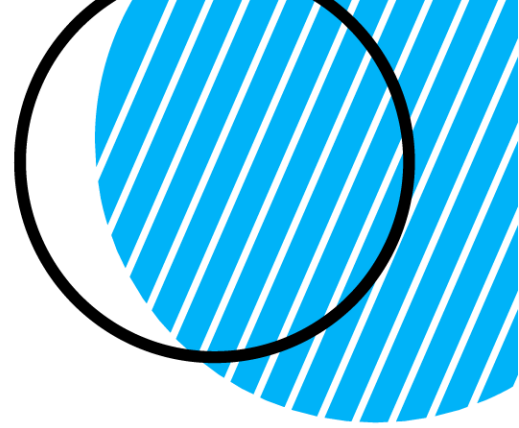
**Florence Guppy**

**Samson Odubanjo**

[Samson.Odubanjo@Haringey.gov.uk](mailto:Samson.Odubanjo@Haringey.gov.uk)

**Stella Sumah**

[Stella.Sumah@haringey.gov.uk](mailto:Stella.Sumah@haringey.gov.uk)



# Havering

## Amanda Flower

01708432766 / [amanda.flower@haverling.gov.uk](mailto:amanda.flower@haverling.gov.uk)

**Tell us something about your area.**

*Community spirit*

**What are your interests / hobbies / skills?**

*Watching box sets, the ultimate lockdown hobby. Travelling when allowed!*

**What animal would you be and why?**

*Cat, mine sleeps 21 hours a day, who wouldn't want that.*

**What is your favourite pizza topping?**

*Goats Cheese*

**What would you like to offer to your fellow Network members?**

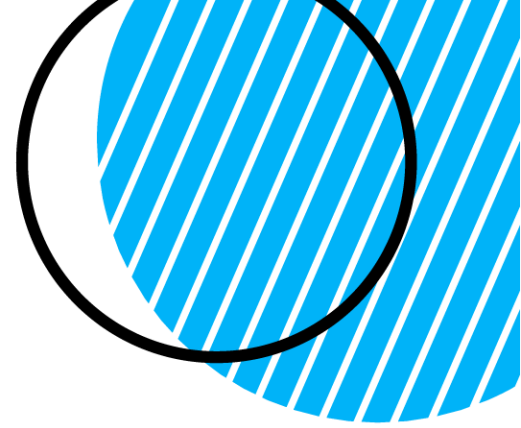
*Encouragement, support, sounding board, finding solutions*

**What help would you like to receive from other Network members?**

*A listening ear and perspectives on issues where we can learn together.*



local area  
coordination  
network



# Havering

## Tracy Cavanagh

01708432342 / [tracy.cavanagh@haverling.gov.uk](mailto:tracy.cavanagh@haverling.gov.uk)

**Tell us something about your area.**

*We have deer that wander around the built up areas.*

**What are your interests / hobbies / skills?**

*I enjoy going to horse racing events and playing pitch and putt (but only in the good weather) :-)*

**What animal would you be and why?**

*A cat*

**What is your favourite pizza topping?**

*Not a fan of Pizza so really wouldn't have a favourite topping.*

**What would you like to offer to your fellow Network members?**

*Support and advice*

**What help would you like to receive from other Network members?**

*Sharing stories and information*



# Having

## Tamarah Djalloul

07929756406 / Tamarah.Djalloul@having.gov.uk

### **Tell us something about your area.**

*There is a real sense of community. People look out for each other*

### **What are your interests / hobbies / skills?**

*Cooking, Movies, Nature walks*

### **What animal would you be and why?**

*An eagle, I would love to be able to fly and not be eaten by other birds*

### **What is your favourite pizza topping?**

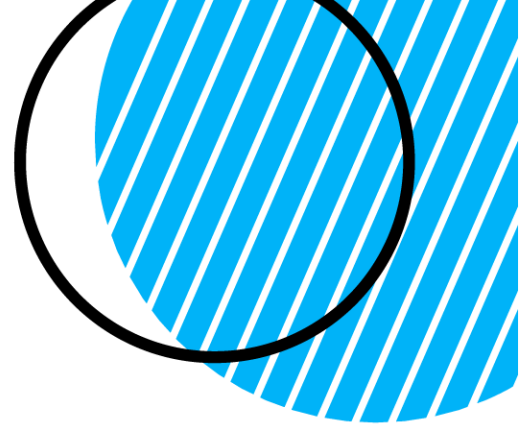
*Cheese because every pizza needs it!*

### **What would you like to offer to your fellow Network members?**

*Anything I have learned that could help others*

### **What help would you like to receive from other Network members?**

*Hear about their experiences and what's been working well*



**Havering** Set up a profile

**Yasmin Vaughan**

**Trish Johnson**

07971 010366

[trish.johnson@haverling.gov.uk](mailto:trish.johnson@haverling.gov.uk)

**Tina Franklin**

07929 756361

[Tina.Franklin@haverling.gov.uk](mailto:Tina.Franklin@haverling.gov.uk)

**Tracey Reid**

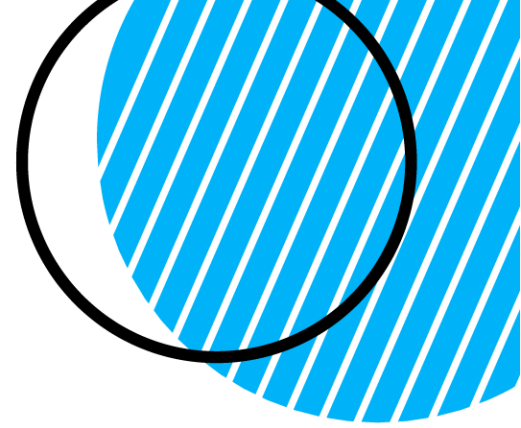
07929 756359

[Tracey.Reid@haverling.gov.uk](mailto:Tracey.Reid@haverling.gov.uk)

**Maureen McDermot**

07971 565122

[Maureen.McDermott@haverling.gov.uk](mailto:Maureen.McDermott@haverling.gov.uk)



local area  
coordination  
network

**Kirklees** [Set up a profile](#)

**Abby Creaghan-Walter**

07966 993627

[abby.creaghan-walter@kirklees.gov.uk](mailto:abby.creaghan-walter@kirklees.gov.uk)

**Nea Watkinson**

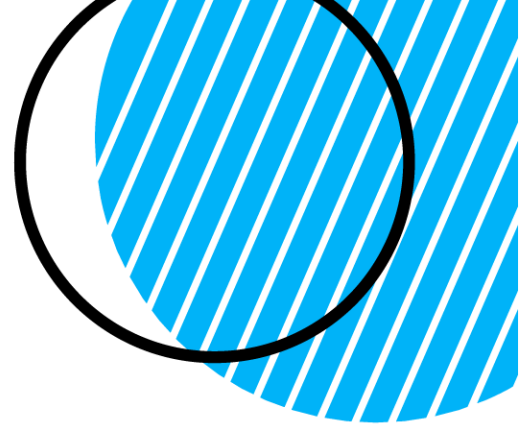
07976 497699

[nea.watkinson@kirklees.gov.uk](mailto:nea.watkinson@kirklees.gov.uk)

**Laura Wellington**

**Tamsin Macdonald**

**Bish Sharif**



local area  
coordination  
network



# Leicestershire

## Jennifer Fielding

07739035296 / [jennifer.fielding@leics.gov.uk](mailto:jennifer.fielding@leics.gov.uk)

### **Tell us something about your area.**

*There are some wonderful residents who volunteer their time to help others, they truly care about their community and making a difference. It is a pleasure to work alongside them.*

### **What are your interests / hobbies / skills?**

*I volunteer as a Beaver Scout Leader - it keeps me pretty busy! I also love to get out on my bike, and spend time with my family.*

### **What animal would you be and why?**

*An owl - I'm a night bird!*

### **What help would you like to receive from other Network members?**

*It would be most useful to find other Network members who have a similar role to me. It can be challenging balancing the management role and the LAC role, it would be great to learn and share with other team leaders.*

### **What is your favourite pizza topping?**

*Long as it has plenty of cheese, I'm not picky!*

### **What would you like to offer to your fellow Network members?**

*I have a dual role, I'm a LAC with team leader responsibilities - so have insight into both LAC role and management. I have 15 years experience working with autism and learning difficulties, so could offer insight there. Generally, I'd like to offer what I would like to get back - a supportive listening ear, sharing knowledge and problem solving.*



# Leicestershire

## Andrew Barson

07712324253 / [andrew.barson@leics.gov.uk](mailto:andrew.barson@leics.gov.uk)

**Tell us something about your area.**

*Ashby De La Zouch is a beautiful rural town that mixes heritage with a strong sense of community.*

**What are your interests / hobbies / skills?**

*Lego Building, DIY, writing fiction, woodworking skills: have been running quizzes for several years, karaoke and encyclopedic knowledge of my area.*

**What animal would you be and why?**

*Eagle or large bird of prey- I like the idea of having a view over the whole picture.*

**What is your favourite pizza topping?**

*Doner meat, because any excuse to have doner meat.*

**What would you like to offer to your fellow Network members?**

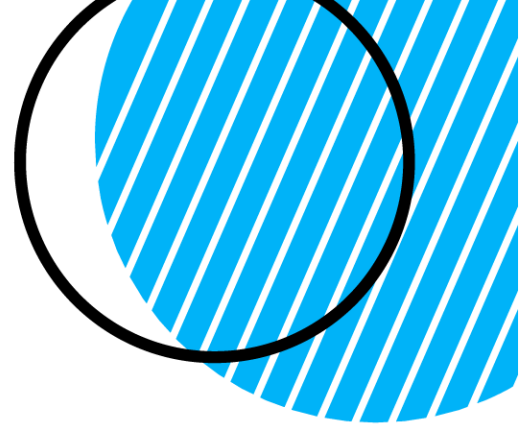
*I can often creative solutions and new ideas.*

**What help would you like to receive from other Network members?**

*Practical advice and planning tips*



local area  
coordination  
network



# Leicestershire

## Bev Haslam

07768616041 / [bev.haslam@leics.gov.uk](mailto:bev.haslam@leics.gov.uk)

### Tell us something about your area.

*Hinckley Town is a vibrant market town .The people and community are very friendly and will help out each other when needed.*

### What are your interests / hobbies / skills?

*I enjoy spending time with my family. I also enjoy cooking*

### What animal would you be and why?

*A bird so I could fly free anywhere*

### What is your favourite pizza topping?

*Peperoni because its spicy*

### What would you like to offer to your fellow Network members?

*Support/ guidance*

### What help would you like to receive from other Network members?

*Discussion/guidance/support/up skilling*



# Leicestershire

## Anna Christie

07951486235 / [anna.christie@leics.gov.uk](mailto:anna.christie@leics.gov.uk)

**Tell us something about your area.**

*So much variety and difference*

**What are your interests / hobbies / skills?**

*Photography, reading and I'm good at putting words together*

**What animal would you be and why?**

*An elephant because they look like they have life sorted*

**What is your favourite pizza topping?**

*Cheese and tomato for me*

**What would you like to offer to your fellow Network members?**

*My experience*

**What help would you like to receive from other Network members?**

*Better connection to the theory and other community practice*



local area  
coordination  
network

# Leicestershire

## Sarah Burton

07526928524 / [sarah.burton@leics.gov.uk](mailto:sarah.burton@leics.gov.uk)



### Tell us something about your area.

*I am Local Area Coordinator for Ashby de la Zouch, located in North West Leicestershire. Ashby has many outstanding features including an outdoor lido, a castle and a big connection to Adrian Mole (and his famous diaries) alongside a whole host of other assets. The greatest asset of all is the people. The community and its volunteers keep our groups going, even when there is a global pandemic.*

### What animal would you be and why?

*I would be a monkey. They're intelligent and nimble, working well as part of a team. They take an innovative approach to problem solving.*

### What is your favourite pizza topping?

*Definitely Hawaiian*

### What would you like to offer to your fellow Network members?

*I am more than happy to share my experiences, knowledge and expertise.*

### What help would you like to receive from other Network members?

*To be able to discuss solutions/problems and use others experiences.*

### What are your interests / hobbies / skills?

*As a parent carer of a severely disabled teenager I have spent ten years working as a volunteer for the local parent carer forum as both rep and Chair, setting up a new forum when circumstances changed. I have worked collaboratively with partners to ensure the voice of those vulnerable families is heard. I have delivered presentations/talks to small groups and groups in excess of 350 people with regards our family journey/experiences from the time of my son's diagnosis onwards. Talking about the good stuff and the not so. I have worked with the Leicester, Leicestershire and Rutland PCT, Leicester University medical schools and De Montfort University School of social sciences. I have assisted in the development of their courses/interview and recruitment of staff/applicants, coaching and development of future medical staff/Drs/nurses/Therapists/social workers etc. I have a particular interest in parent carers, young carers and learning disabilities. I am also a Police Volunteer and run a large cadet unit (where our cadets learn about policing and serving their community, volunteering at events). I spent some time travelling to far flung destinations and riding fast motorbikes before I had my children. Interestingly I sold my VFR 400 Japanese import sports motorbike to buy a pram... how things change ;)*



# Leicestershire [Set up a profile](#)

**Simon Dalby**

**Kerry Smith**

**John Coghlan**

**Lyne Brydon-Graham**

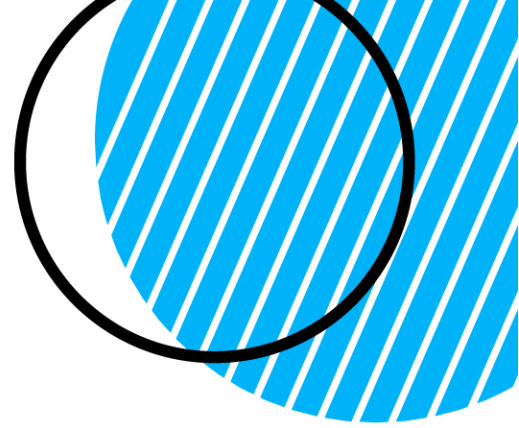
**Vicky Utting**

**Michelle McWeeney**

**Mary Sawu**

**Nicol Tate-Bohannon**

**Milo Poli**



# Leicestershire [Set up a profile](#)

Roo Peake

John Baraclough

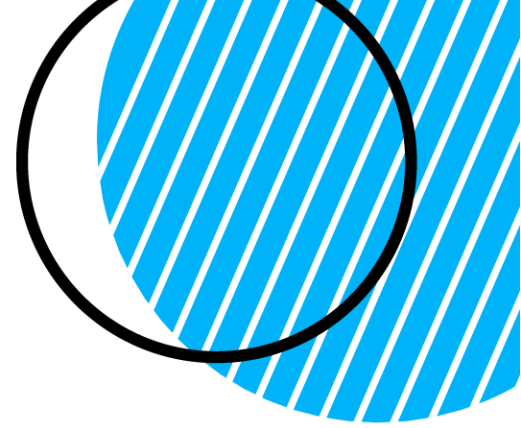
Katie Barradell

Alex Cotton

Sally Murgatroyd

Mary Flynn

David Melbourne



# Swansea

## Ronan Ruddy

07471145353 / ronan.ruddy@swansea.gov.uk

### **Tell us something about your area.**

*As a coordinator, Gorseinon was a small town on the edge of Swansea, with its own character, characters and, as the pandemic proved beyond doubt, a resilient and resourceful population.*

### **What are your interests / hobbies / skills?**

*Music (from techno and clubbing to Pink Floyd, Leonard Cohen and Tom Waits) Hiking, love Star Wars and Lord of the Rings, Politics (even when it's not going my way!)*

### **What animal would you be and why?**

*Penguin: communal, resilient and pretty cool looking.*

### **What is your favourite pizza topping?**

*Anything so long as it comes out of our pizza oven and is vegan :-)*

### **What would you like to offer to your fellow Network members?**

*6 years in the team. From the start in Swansea in 2005 as a local area coordinator, 18 months as a senior (Incl. the pandemic response) and now as assistant manager. Always happy to talk about these transitions and the importance of having great, connected teammates.*

### **What help would you like to receive from other Network members?**

*Knowing what works and how strategies change over time; keeping strong in the face of the system pull.*





# Swansea

## Byron Measday

07900702656 / [byron.measday@swansea.gov.uk](mailto:byron.measday@swansea.gov.uk)

### **Tell us something about your area.**

*There is beauty to be found all over Swansea if you have the eyes to see it, whether that's beauty in creation or in people. Morriston has amazing potential.*

### **What are your interests / hobbies / skills?**

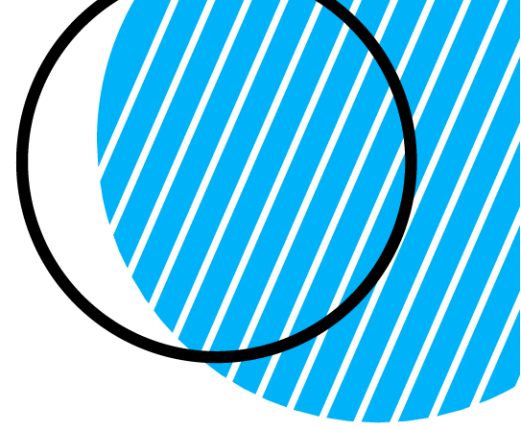
*In my spare time I lead a church who celebrated our 7th birthday in Nov. I try to run as often as I can, I love American Football and 80s rock music.*

### **What animal would you be and why?**

*A dolphin. I love being in or near the sea - whether kayaking, surfing or formerly coasteering, and I love snorkeling on holiday to see the fish.*

### **What is your favourite pizza topping?**

*Any topping except anchovies or olives. After that, anything goes.*



### **What would you like to offer to your fellow Network members?**

*Encouragement, prayer and a listening ear.*

### **What help would you like to receive from other Network members?**

*Encouragement, prayer and a listening ear.*



# Swansea

## Peter Russell

0755543068 / [peter.russell@swansea.gov.uk](mailto:peter.russell@swansea.gov.uk)

### **Tell us something about your area.**

*It is a community that pulls together when the chips are down. It is full of people that tell it like it is and don't accept any nonsense from professionals and services alike. It is a mosaic made of many pieces, some big and bold, some that you don't notice, some a little cracked and broken and plenty on the edge but take one piece away and it wouldn't be complete.*

### **What are your interests / hobbies / skills?**

*Photography, drumming, sound and lighting engineering, competitive golf, 5 a side football, dog walking, long walks around the coast.*

### **What animal would you be and why?**

*Spaniel, so much energy, loved by everyone and regular belly tickles!*

### **What is your favourite pizza topping?**

*Don't really do pizzas, cheese gets in the way... Ew!*

### **What would you like to offer to your fellow Network members?**

*Support in creating video stories, good humour and a willingness to listen.*

### **What help would you like to receive from other Network members?**

*The opportunity to share skills, knowledge and experience.*



local area  
coordination  
network

# Swansea

## Cerri Goodfellow

07976659082 / [cerri.goodfellow@swansea.gov.uk](mailto:cerri.goodfellow@swansea.gov.uk)

### Tell us something about your area.

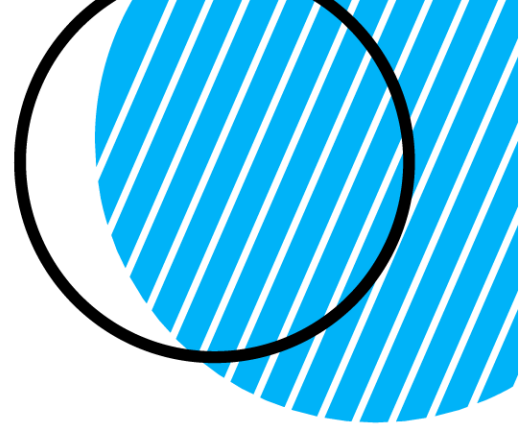
*I am lucky to have The Hafod Copper Works in my area - so much history and its about to be renovated and will hugely improve the area.*

### What are your interests / hobbies / skills?

*I enjoy baking and walking (one counteracts the other, well not quite unfortunately). I like planning things and spending time with friends and family. I can't wait to get back to the gym as soon as it reopens.*

### What is your favourite pizza topping?

*I love a veggie pizza, and yes pineapple does belong on a pizza!*



local area  
coordination  
network

# Swansea

## Bethan McGregor

07976 477451 / [Bethan.McGregor@swansea.gov.uk](mailto:Bethan.McGregor@swansea.gov.uk)

**Tell us something about your area.**

*Amazing outdoors*

**What are your interests / hobbies / skills?**

*Being crafty, crocheting, going to the beach, socialising, singing and reading.*

**What animal would you be and why?**

*Bird, being able to travel through the air and get a different perspective of the world.*

**What is your favourite pizza topping?**

*Ham and pineapple - tastes delicious, causes so much controversy.*

**What would you like to offer to your fellow Network members?**

*Always willing to be an upbeat person on the end of phone. Happy to sprinkle some positivity.*

**What help would you like to receive from other Network members?**

*Friendly ear*



local area  
coordination  
network

# Swansea

## Fiona Hughes

07966246033 / [fiona.hughes@swansea.gov.uk](mailto:fiona.hughes@swansea.gov.uk)

**Tell us something about your area.**

*Amazing outdoors*

**What are your interests / hobbies / skills?**

*Open to almost everything (legal) - aside from pot holing and swimming with sharks!*

**What animal would you be and why?**

*Elephant - ambling through life, smelling the roses (if there are any in the jungle) and never knowing what a weighing scale looks like.*

**What is your favourite pizza topping?**

*Salami and chilli - hot and flavoursome*

**What would you like to offer to your fellow Network members?**

*Honesty (sometimes bluntly) integrity and friendship.*

**What help would you like to receive from other Network members?**

*Happy always to ask for help when and if needed.*



local area  
coordination  
network

# Swansea

## Richard Davies

07900702812 / [richard.davies1@swansea.gov.uk](mailto:richard.davies1@swansea.gov.uk)

### **Tell us something about your area.**

*I'm fortunate to work in the community I grew up in and have been connected to all my life. It is a wonderfully connected community with huge spirit and generosity.*

### **What are your interests / hobbies / skills?**

*Family, friends, D.I.Y, dogs, walking, diet nutrition, exercise, reading.*

### **What is your favourite pizza topping?**

*Mushrooms, onions, garlic and peppers - reminds me of holidays.*

### **What would you like to offer to your fellow Network members?**

*A welcoming chat if ever needed.*

### **What help would you like to receive from other Network members?**

*General information that may swerve to improve life generally, grow me as a person and improve my practice.*



local area  
coordination  
network

# Swansea

## Dan Morris

07471145352 / [dan.morris@swansea.gov.uk](mailto:dan.morris@swansea.gov.uk)

### Tell us something about your area.

*A diverse area capturing all that is good about Swansea - friendly, welcoming, multi-generational, multicultural and a strong sense of looking out for each other. Added to this are recent regeneration in the area of old docklands into a student village, new health centre and lots of office space. Diversity is its strength and makes for many interesting and strong characters who share a compelling sense of community. It's a privilege to work alongside its people making connections.*

### What are your interests / hobbies / skills?

*Music, guitar playing and recording, dog walking, reading, sports. Love to mull over the state of the world with a pint or four. I'm in 2 bands at present - one on Spotify and one are on SoundCloud.com. During the lockdown, I made recordings of guitar instrumentals in my living room on an iPad! I am a trained social worker and hold an MSCEcon degree in Applied Social Studies and have worked in fields such as Substance Abuse, Housing and Homelessness before becoming a Local Area Coordinator.*



### What animal would you be and why?

*A miniature Schnauzer - because I love the life my dog has! Spoilt by being well-fed and sharing my diet and also has all the females he meets eating out of his hand!*

### What is your favourite pizza topping?

*Spicy beef with sweetcorn, mushrooms and green peppers with a bbq sauce base. A bit of everything!*

### What would you like to offer to your fellow Network members?

*Some useful experience and insight after 6 yrs on the job. Someone you can trust and have a laugh with at any time. A straight answer!*



local area  
coordination  
network

# Swansea

## Emma Shears

07966246024 / [Emma.Shears@swansea.gov.uk](mailto:Emma.Shears@swansea.gov.uk)

### Tell us something about your area.

*Cwmbwrla in Swansea is a welcoming community with a wonderful network of individuals and groups who work together to achieve great things for the area, individuals and families. Cwmbwrla Community Events has been created by inspiring individuals who share a vision of inclusive communities with a purpose and place for everyone. It's a privilege to be a part of and follow their journey of great achievements.*

### What are your interests / hobbies / skills?

*I enjoy being outdoors, walking and hiking, seeing places of natural beauty. I enjoy listening to music, and occasionally attempting some art and drawing. I love listening and talking to people about their lives, and spending time with important people in my life.*

### What animal would you be and why?

*I would see myself as a dog I suppose as I love a good walk (and a cuddle), but please don't tell my cat I said that!*

### What is your favourite pizza topping?

*The more cheese on the pizza the better!*

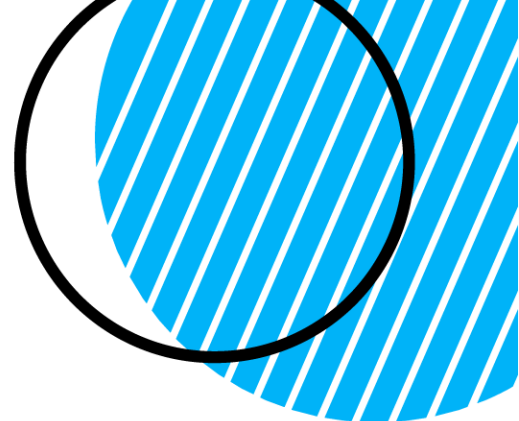


### What would you like to offer to your fellow Network members?

*I would offer my time to chat to other members of the Network to learn about their areas and their work with individuals and communities, and to share from my experiences as well. I also work part-time as a counsellor, and have a keen interest in mental health, so if anyone in the Network was interested and wanted to talk about that further I'd be happy to.*

### What help would you like to receive from other Network members?

*The sharing of Local Area Coordination experiences and stories, looking at what's different and similar across England and Wales.*





# Swansea

## Sarah James

07929 743466 / [sarah.james@swansea.gov.uk](mailto:sarah.james@swansea.gov.uk)

### **Tell us something about your area.**

*I am based within Dunvant & Killay which is a beautiful part of Swansea. Tremendous views of rolling hills, farmland, gorgeous walking paths that hold so much history, and all this on the boarder of Gower. The area is full of residents who are proud of their community and actively promote its value and support each other. I love it!*

### **What are your interests / hobbies / skills?**

*I love camping and being outdoors with my 3 dogs as much as possible! Camping is when I'm able to switch off from the world and just have time to 'be'.*

### **What animal would you be and why?**

*I think I'd be a bird... just to be free flying in the sky and flowing with nature.*

### **What is your favourite pizza topping?**

*Spicy beef, pepperoni, sweetcorn, red onions, peppers and olives - so much that the pizza collapses under the weight!!!!*

### **What would you like to offer to your fellow Network members?**

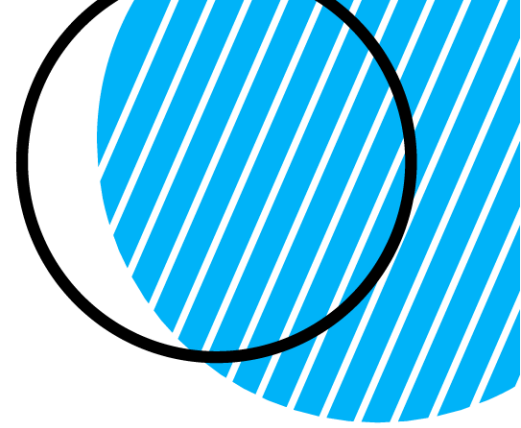
*Integrity, honesty and a few laughs along the way.*

### **What help would you like to receive from other Network members?**

*Help with queries should I have any.*



local area  
coordination  
network



# Swansea

## Rachael Cole

07929743468 / [rachael.cole@swansea.gov.uk](mailto:rachael.cole@swansea.gov.uk)

**Tell us something about your area.**

*A welcoming community*

**What are your interests / hobbies / skills?**

*Walking, travel, music, mindfulness*

**What is your favourite pizza topping?**

*Pineapple and sweetcorn - its a winning combination*

**What would you like to offer to your fellow Network members?**

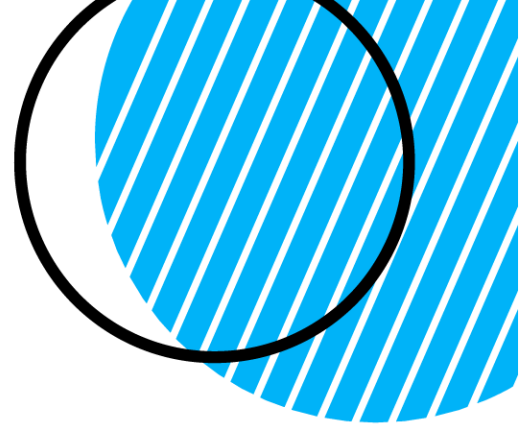
*Support and guidance*

**What help would you like to receive from other Network members?**

*Support and guidance*



local area  
coordination  
network

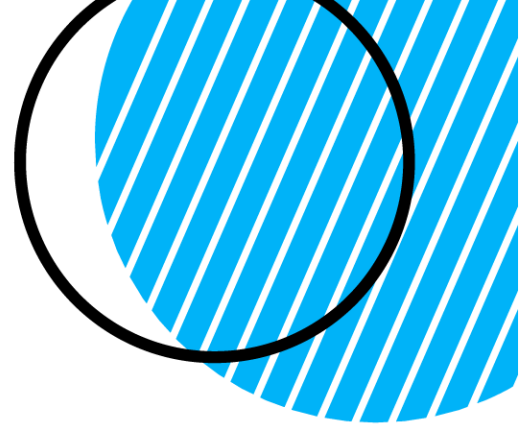


# Swansea

## Sally-Anne Rees

07887055240 / [sallyanne.rees@swansea.gov.uk](mailto:sallyanne.rees@swansea.gov.uk)

**Tell us something about your area.**  
*Wonderful community spirit!*



local area  
coordination  
network

# Swansea [Set up a profile](#)

**Jon Franklin**

**Beth Pike**

**Amy Hawkins**

**Joanne Edwards**

**Claire McCarthy-Reed**

**Donna Kendall**

**Dan Garnell**

**Amy Beuse**

**Tara Hughes**

**Dominic Nutt**

**Anne Robinson**

**Ian Miller**



# Thurrock

## Karen Dobson

07818678980 / [kdobson@thurrock.gov.uk](mailto:kdobson@thurrock.gov.uk)

### Tell us something about your area.

*Being part of an individual's journey is such an honour and a privilege. I am lucky enough to have crossed paths with one particular individual who is feeling stronger and resilient and is reaching out to others in recovery and now has secured funding to continue his work through football... An amazing story!*

### What are your interests / hobbies / skills?

*Love my bike! - Cycling keeps me sane and connected to a fellow group of keen cyclists who know so much beautiful country routes.  
Love going off grid! - Camping is one of my favourite things to do so many places to explore and travel to - previously an old backpacker in my younger days x*

### What animal would you be and why?

*My husband told me I was like a bluebottle fly recently - what an insult! Told me I move around to quickly...*

### What is your favourite pizza topping?

*It's got to be anchovies in the mix for me love them they are under rated*

### What would you like to offer to your fellow Network members?

*Currently working on developing self-managed teams so could impart our journey and thinking around this so far.*

### What help would you like to receive from other Network members?

*I'm keen to hear about support for those individuals with no recourse to public funds and also how do we avoid the temptations to fill the gaps in service provisions by wanting to do the right thing.*



# Thurrock [Set up a profile](#)

**Helen Catterick**

**Martin Trevillion**

**Frank Gaisie**

**Ian Barnett**

**Susan Griggs**

**Pauline White**

**Rachel Farmer**

**Christine Searle**

**Gemma Stevenson**

**Estelle Barton**

**Rena Laybourn**

**Ben Dubois**

**Heather MacQuarrie**

[localareacoordination@thurrock.gov.uk](mailto:localareacoordination@thurrock.gov.uk)



local area  
coordination  
network

# Wiltshire

## Victoria Lofts

07815173011 / [victoria.lofts@wiltshire.gov.uk](mailto:victoria.lofts@wiltshire.gov.uk)

### **Tell us something about your area.**

*Wiltshire is a very large rural county with a population of around half a million - I manage the team across the county.*

### **What are your interests / hobbies / skills?**

*I'm into mixed media art, crafting and going away in my motorhome.*

### **What animal would you be and why?**

*A giraffe! Ginger, leggy and above it all.*

### **What is your favourite pizza topping?**

*Cheese, cheese and more cheese - who doesn't like cheese?*



### **What would you like to offer to your fellow Network members?**

*A chance to share experiences, ideas and learning.*

### **What help would you like to receive from other Network members?**

*All your best ideas*



# Wiltshire

## Matthew Billingham

07920503771 / [matthew.billingham@wiltshire.co.uk](mailto:matthew.billingham@wiltshire.co.uk)

### Tell us something about your area.

*The area I'm in is Melksham. It is a vibrant and innovative community with people and community groups that welcome new people, cultures, new ideas and interests. Melksham has an Age friendly status and is the only one in the South West. Melksham has one of the few Independent youth centres in Wiltshire.*

### What are your interests / hobbies / skills?

*I love music, to listen to and I play the drums and guitar but now mostly percussion. I love to travel if I can and to experience new things. I've just started learning carpentry and am trying to build stuff with wood.*

### What animal would you be and why?

*A Black Panther because they are clever, strong, agile and cool, all the things I'm not!*



### What is your favourite pizza topping?

*American Hot, because its spicy, pepperonari and tastes good!*

### What would you like to offer to your fellow Network members?

*A listening ear, fun, an opportunity to bounce off ideas, shared experience and to expand each others knowledge and minds!*

### What help would you like to receive from other Network members?

*A listening ears, experience and knowledge on other topics, similar to Action learning sets but on a larger scale. Ideas on community and asset-based community.*



local area  
coordination  
network



# Wiltshire

## Kathryn Brown

07443770026 / [kathryn.brown@wiltshire.gov.uk](mailto:kathryn.brown@wiltshire.gov.uk)

### Tell us something about your area.

*Calne is a small market town with a great sense of community. Overlooked by the Wiltshire Downs, it's a beautiful place too.*

### What are your interests / hobbies / skills?

*Being outside, walking, exploring, tennis, time with family and friends*

### What animal would you be and why?

*Giraffe - To be tall and graceful, mainly peaceful, but can kick out if necessary!*

### What is your favourite pizza topping?

*I like a real mixture of things, particularly veg.*



### What would you like to offer to your fellow Network members?

*Listening ear, support, ideas, make people feel welcome in LAC community.*

### What help would you like to receive from other Network members?

*Support, ideas, listening idea, a sense of LAC community.*



local area  
coordination  
network

# Wiltshire

## Catherine Loach

07391398613 / [catherine.loach@wiltshire.gov.uk](mailto:catherine.loach@wiltshire.gov.uk)

### Tell us something about your area.

*Salisbury is one of the most beautiful and picturesque cities that is in a period of recovery from the terror attack and the pandemic with a huge community spirit.*

### What are your interests / hobbies / skills?

*Fitness / boxing and DIY*

### What is your favourite pizza topping?

*Pepperoni*



### What would you like to offer to your fellow Network members?

*The chance to talk and share experiences*

### What help would you like to receive from other Network members?

*Experiences in dealing with systemic change in ASB*



local area  
coordination  
network

# Wiltshire

## Emma Morrice

07391410278 / [emma.morrice@wiltshire.gov.uk](mailto:emma.morrice@wiltshire.gov.uk)

### Tell us something about your area.

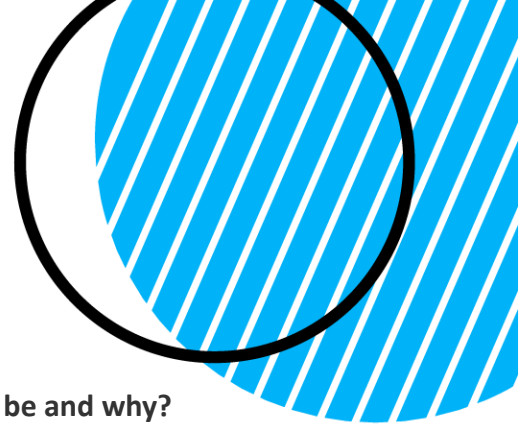
*Chippenham is a vibrant market town in Wiltshire, with good access to London as well as others towns within Wiltshire. The town has a good mix of ages, and a mix of people have grown up there and others who have moved there. The town is supported by Chippenham borough lands, a charity which supports groups and individuals within the town, as well as many social groups, churches and coffee mornings. there is also a social hub, which has been set up in the town centre, with the hope to achieve more community cohesion as we move out of lockdown and into recovery..*

### What are your interests / hobbies / skills?

*I enjoy walking, keeping fit, reading and generally being outdoors! I love music and use this to unwind, I like it loud! I also love spending time with my family and learning how to play lego marvel superheroes with my son!*

### What is your favourite pizza topping?

*I like a meaty pizza, but I am also partial to Hawaiian too!*



### What animal would you be and why?

*I would be a thundercat, for obvious reasons, part cat, part human, what could be better! I would be Liono!*

### What would you like to offer to your fellow Network members?

*A listening ear, time to reflect and gain feedback, share ideas and just be together.*

### What help would you like to receive from other Network members?

*A space where I can reflect about the things I am working on, not necessarily for advice, but more to talk things through, and to have fun!*



# Wiltshire

## Gemma Novis

07920503747 / [gemma.novis@wiltshire.gov.uk](mailto:gemma.novis@wiltshire.gov.uk)

### Tell us something about your area.

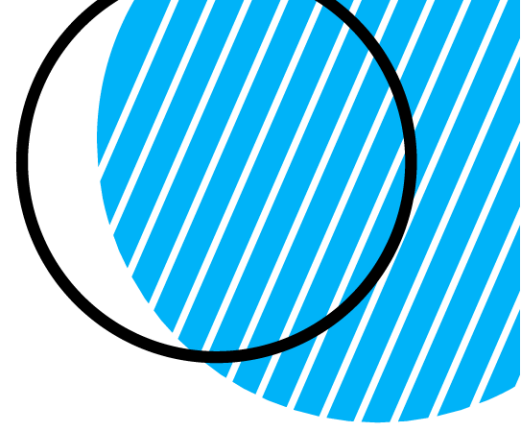
*Trowbridge is the County town of Wiltshire and also plays host to the 2020 best takeaway restaurant in England. In February 2020, over 200 local interest / hobby groups were showcased in a community event called 'Celebrating Trowbridge' and over 2500 residents attended. It was a mighty celebration indeed!*

### What are your interests / hobbies / skills?

*Community and youth work; Equality/Diversity/social justice; writing poems; playing guitar (badly!); Soka Gakkai Buddhism; playing Fifa on Xbox or PlayStation; and dare I say 'Local Area Coordination'?*

### What animal would you be and why?

*Hedgehog, to enjoy ambling through other people's gardens and learning new gardening skills as a result.*



### What is your favourite pizza topping?

*Hawaiian!! Gotta love Hawaii*

### What would you like to offer to your fellow Network members?

*A friendly ear to listen; a creative heart for collaboration; energy for exploration.*

### What help would you like to receive from other Network members?

*Creative and courageous conversations to help reflect on practice.*



# Wiltshire

## Michael Symonds

07443769366 / [michael.symonds@wiltshire.gov.uk](mailto:michael.symonds@wiltshire.gov.uk)

**Tell us something about your area.**

*A beautiful rural market town with a strong community core.*

**What are your interests / hobbies / skills?**

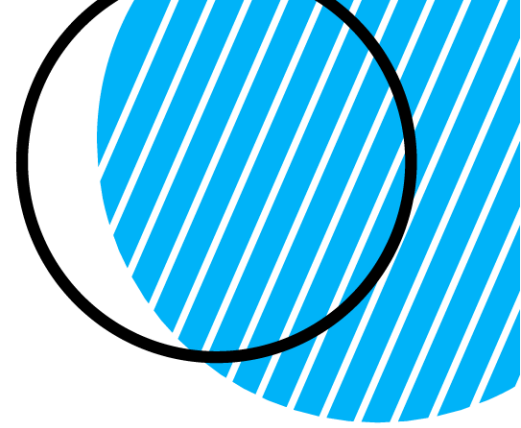
*Snowboarding, drone pilot, guitar, cooking, shooting.*

**What animal would you be and why?**

*Golden Eagle - stunning majestic birds*

**What is your favourite pizza topping?**

*Texas BBQ Chicken - its simply the best!*



**What would you like to offer to your fellow Network members?**

*I can offer a listening ear, support or simply a good chat.*

**What help would you like to receive from other Network members?**

*Somewhere to be able to get advice and benefit from their experiences.*



local area  
coordination  
network

# Wiltshire

## Frances Barrone

07443769500 / [frances.barrone@wiltshire.gov.uk](mailto:frances.barrone@wiltshire.gov.uk)

### Tell us something about your area.

*Royal Wootton Bassett & Cricklade Area is set amongst some of Wiltshire's finest countryside yet conveniently located near J16 of the M4 with great access to neighbouring Counties and the M4 corridor.*

### What are your interests / hobbies / skills?

*Life and Business Coaching, countryside and coastal walks, property programmes, personal transformation holidays and travel.*

### What animal would you be and why?

*Butterfly - metamorphosis*

### What is your favourite pizza topping?

*Four cheese pizza - I just cannot have enough cheese metaphorically and practically*



### What would you like to offer to your fellow Network members?

*A listening ear and support using any of my skills and life experiences drawn from some weird events training and development professionally and personally.*

### What help would you like to receive from other Network members?

*Developing best practice*



**Wiltshire** [Set up a profile](#)

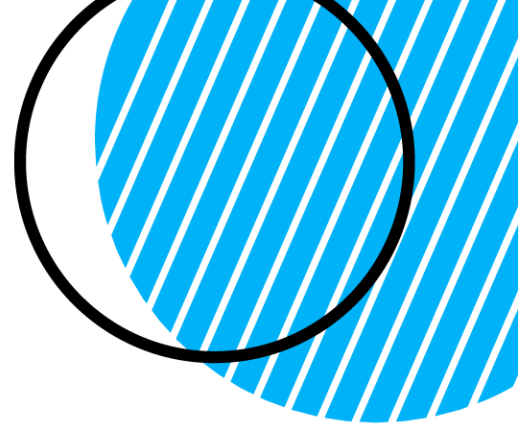
**Jawaria Farooq**

**Jess Ryan**

**Steven Hubbard**

07920503803

[steven.hubbard@wiltshire.gov.uk](mailto:steven.hubbard@wiltshire.gov.uk)



local area  
coordination  
network

# York

## Joe Micheli

07534644859 / [joe.micheli@york.gov.uk](mailto:joe.micheli@york.gov.uk)

### Tell us something about your area.

*Well, I'm blessed to have the strategic oversight for our LAC team in the amazing city of York, regularly voted one of the best places to live in the UK focused on kindness & connection.*

### What are your interests / hobbies / skills?

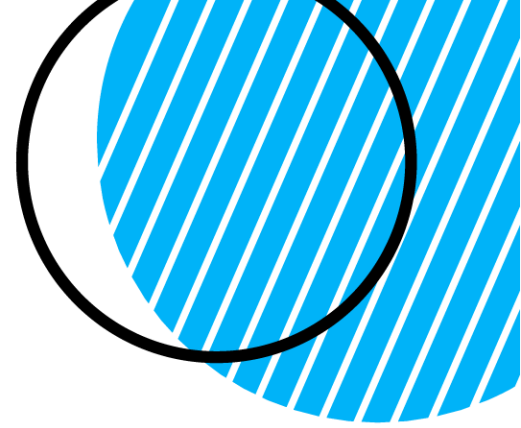
*Family, playing football and rock music*

### What animal would you be and why?

*My cat Jazz, doesn't have a care in the world*

### What is your favourite pizza topping?

*Any salami reflecting my Italian roots*



### What would you like to offer to your fellow Network members?

*Always happy to talk about LAC and the importance of leadership in helping a programme to flourish.*

### What help would you like to receive from other Network members?

*Fellow wisdom, we are always learning. Particularly interested in concept of self managing teams currently.*





# York

## Jennie Cox

07795354468 / [j.cox@york.gov.uk](mailto:j.cox@york.gov.uk)

### Tell us something about your area.

*York is a great place to live, very pretty with lots of green spaces and historical sites. However, one of the best things has got to be the people here and the sense of community spirit and passion for social justice and action which permeates the city. The two universities in such a small place add richness and diversity to our population as well as being great intellectual assets.*

### What are your interests / hobbies / skills?

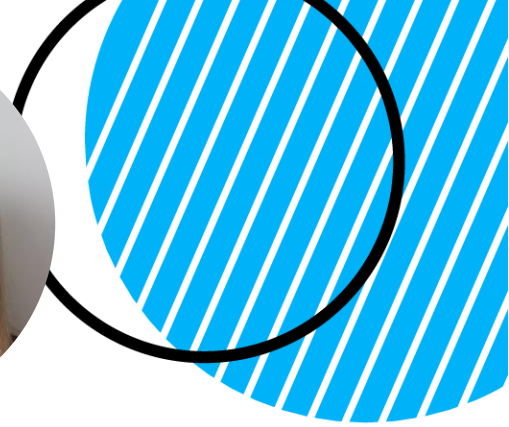
*Music (has to be good though and I have discerning tastes), gigs (when we are allowed to go to them again...), reading and good books, cult films are all within my interests and hobbies. My skills lie in working with people and animals, talking (a lot), writing (creatively when I get chance), storytelling and system change.*

### What animal would you be and why?

*I would like to say Butterfly, if that isn't too pretentious - they represent change to me and being free. My second choice isn't particularly flattering, especially for a woman, but I would say dog as I am loyal and caring and my bark is worse than my bite...*

### What is your favourite pizza topping?

*Tuna, mushroom and olive - I am a pescatarian.*



### What would you like to offer to your fellow Network members?

*I am always happy to have a chat about most topics but am particularly interested in and knowledgeable around mental health and housing/homelessness as my working background before becoming a LAC was in these worlds. I'm happy to collaborate around any good ideas, however, especially if they relate to system change.*

### What help would you like to receive from other Network members?

*Any learning which can help us develop as a programme in York and any chances to collaborate to create real long term widespread change for people around important social issues.*



# York

## Penny Hutchinson

07903868742 / [penny.hutchinson@york.gov.uk](mailto:penny.hutchinson@york.gov.uk)

**Tell us something about your area.**

*It's full of history and dates back to the Iron Age!*

**What are your interests / hobbies / skills?**

*Walking, Youth Hostelling, exploring historic places and gardens, being with my grandsons, keeping in touch with family, listening.*

**What animal would you be and why?**

*A working dog - I like to feel useful!*

**What is your favourite pizza topping?**

*Ham and pineapple. Pizza is quite bad news on the calorie front but at least pineapple is one of your 5 a day.*

**What would you like to offer to your fellow Network members?**

*A round of applause.*

**What help would you like to receive from other Network members?**

*Encouragement and ideas for working smarter, not harder, and for thinking outside the box.*



local area  
coordination  
network

# York

## Sarah Charlton

07500997556 / [sarah.charlton@york.gov.uk](mailto:sarah.charlton@york.gov.uk)

### Tell us something about your area.

*We are a suburb of the beautiful City of York and there are a lot of people in the community who want to help one another.*

### What are your interests / hobbies / skills?

*Dog walking, cooking, art and chatting*

### What animal would you be and why?

*Red kite - observant, can see opportunities. Good hunting on own or in a group*

### What is your favourite pizza topping?

*Chillies - I love chillies, they make my heart sing*



### What would you like to offer to your fellow Network members?

*A listening ear, mentoring and humour*

### What help would you like to receive from other Network members?

*Peer support, understanding and to be a voice for our communities*



local area  
coordination  
network

York

## Natalie Greaves

07957455359 / [natalie.greaves@york.gov.uk](mailto:natalie.greaves@york.gov.uk)

**Tell us something about your area.**

*Amazingly friendly and community spirited*

**What are your interests / hobbies / skills?**

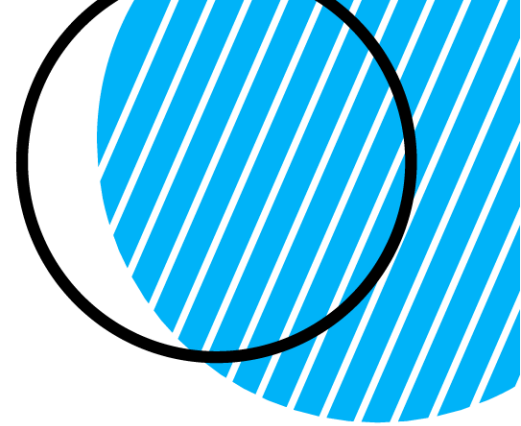
*I have a passion for supporting people to reconnect with what they enjoy and with others in order to live life well, and hope I am skillful at supporting people to feel empowered. I believe strong relationships lead to fulfilment in life, and have a personal interest in health & fitness and its impact on wellbeing.*

**What animal would you be and why?**

*A horse, because I like running.*

**What is your favourite pizza topping?**

*Pineapple, mushroom, chilli - juicy with a kick!*



**What would you like to offer to your fellow Network members?**

*Peer support, advice/info/comparison of projects I'm involved with, a listening ear...*

**What help would you like to receive from other Network members?**

*The same as above*



# York

## Siobhán Moore

07534434759 / [siobhan.moore@york.gov.uk](mailto:siobhan.moore@york.gov.uk)

### **Tell us something about your area.**

*York is a vibrant city, where people want to help each other. The communities that live in the city centre, have bags of personality; the fabled Yorkshire dry wit is never far from the surface. We get lots of visitors, so we have lots of practice at welcoming new people. I get to see many blue plaques about the place, celebrating York residents of the past; but I get to meet the blue plaques of the future.*

### **What are your interests / hobbies / skills?**

*I'm a bit of a homemaker, so love getting stuck into some DIY. I'm never far from a tape measure! I also enjoy live music and have missed York's local music and comedy scene, during the pandemic.*

### **What animal would you be and why?**

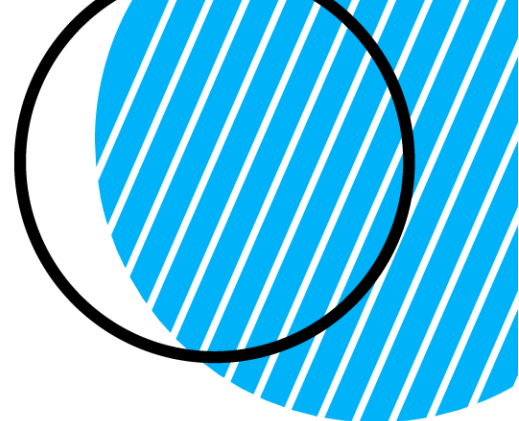
*A giraffe. Need I say more? Why wouldn't you want to be a giraffe?!*

### **What is your favourite pizza topping?**

*Sorry Italian friends...but I like pineapple on a pizza. I think it counts as one of your five a day.*



local area  
coordination  
network



### **What would you like to offer to your fellow Network members?**

*I spent many years working with children, young people and their families, so happy to offer anything I can in that field. I also cover a varied city centre patch, so happy to share experiences on that too. My final passion is fuel poverty, so always interested in other people's experiences of walking alongside those living with fuel poverty.*

### **What help would you like to receive from other Network members?**

*I'm always keen to learn from others who walk alongside those with chronic mental health issues, such as Personality Disorder.*

# York

## Marie Addy

07768812993 / [marie.addy@york.gov.uk](mailto:marie.addy@york.gov.uk)

### Tell us something about your area.

*Acomb and Holgate is a vibrant suburb of the city with its own shopping area, sports facilities and lots of green spaces. the citizens of the area are passionate about the identity and work together to make it a place that is inclusive for all. I am privileged to walk alongside the citizens here.*

### What are your interests / hobbies / skills?

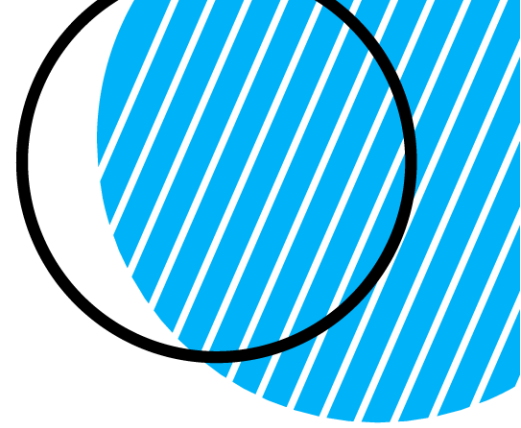
*I love to be outdoors and I am at my happiest in either a lake or up a mountain. I like to play around with technology so can usually find my way around new systems and forms.*

### What animal would you be and why?

*snow Leopard. they live high up in remote mountain ranges. Dream location.*

### What is your favourite pizza topping?

*ham and mushroom*



### What would you like to offer to your fellow Network members?

*A chat if needed. I also have some great recipes for cakes and biscuits.*

### What help would you like to receive from other Network members?

*As a new member of the Network I would be grateful of any advice and support around the many varied and diverse subjects we cover as LAC.*



local area  
coordination  
network

# York

Set up a profile

**Peter Roberts**

07947410362

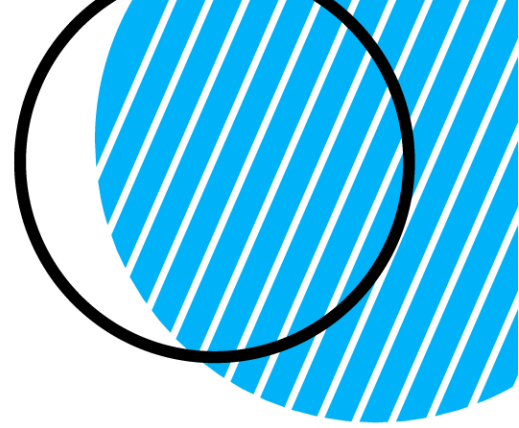
[peter.roberts@york.gov.uk](mailto:peter.roberts@york.gov.uk)

**Diane Lambert**

07789927735

[diane.lambert@york.gov.uk](mailto:diane.lambert@york.gov.uk)

**Adriana Minutti**



local area  
coordination  
network